

Type of Project:	Health	Country:	Kosovo	
Approach:	New Construction	Realisation Year:	2003	
Project name:	Semi-protected apartments in Prizren	Version:	1	Date: January 2004



Initial Situation, Context

Two surveys carried out by the Centres for Disease Control in Atlanta (CDC) in August/September 1999 and May/June 2000, highlighted the aggravation of the situation concerning the mental health of the Kosovo population. In particular, the prevalence of symptoms of PTSD in the representative samples of the interviewed population has increased from 17% in November 1999 to 25% in June 2000. The average prevalence is higher in the rural areas than in the urban ones (29,4 versus 22,9) and among woman versus men (28,5 versus 18,6). SDC decided to participate in the physical rehabilitation of mental health infrastructure.

Goals, Beneficiaries

Main goals were: supporting the Community based Mental Health Centre (CMHC) in providing services for the people in the region of Prizren. These services are: improving the mental health services in quality and efficiency; enhance mental health and quality of life for the population in the Prizren district and favor social integration.

The working group "Mental Health Task Force" for Kosovo was initiated by WHO with the task of developing a draft for setting up modern and contemporary psychiatric care. The programme's objective is to establish a community-based health system, supported by family doctors, nursing staff, advisors, social workers and volunteers, under the guidance of psychiatrists.

Approach

A specialized team sets up, manages and supervises two "Protected Apartments", each with 10 beds for long-term patients. The Protected Apartments will serve social and rehabilitative aims. The objective in each Protected Apartment will be based on learning the basic self-care, care of the house, independence in daily life, social contacts etc. Nurses or case managers will work in the Protected Apartments under the supervision of the mental health team.

Partner(s)

The following partners participated with this programme:

- Principality of Lichtenstein for financing the program
- WHO (World Health Organization) responsible: Dr. Aliriza Arenliu, NPO Mental Health Units as advisors
- The regional director of the Mental Health in Prizren
- The Municipal department of reconstruction and planning, and the cadastre department
- The architect Bekim Kryeziu from "Arting Office" in Gjakova for project and supervision
- The contractor Hydroterm for the execution of the work
- SDC/HA for project-leading, monitoring and controlling

Implementations/Results

The semi-protected apartment will host patients with long care mentally illness. It is designed to receive 10 patients and one nurse in a community residential accommodation to maintain or to learn social skills and relationship skills to strengthen social rights. The need for such a structure was seen immediately after completion of the works as the building was put into function without any delay.

Construction: Traditional construction in brick and concrete with external thermo insulation. The building includes only a ground floor and divided into two parts for sleeping and for daily activities. The building is heated with fuel from a 5000 liter tank.

Cost, Financing

Financed by the Principality of Lichtenstein. Total cost EUR 233'333 (CHF 350'000).

[Studies EUR 8'140; Building incl. external work: EUR 193'568; Equipment: EUR 31'625]

Problems/Constraints

Difficulties to get the land certificate attributing the plot for this project caused a delay of three month for the construction period. The official confirmation of the verbally confirmed and allocated plot took more time than planned. This type of project always looks suspicious to its neighbours.

Lessons learned What was useful in the approach?

The preparation of the program together with WHO was a good starting point. The project is based on the Strategic Plan for Mental Health in Kosovo.

Lessons learned What should be done different next time?

To simplify more the design of the building by reducing surfaces and volumes. To be more critical with the architect!

Preconditions and Limitations for this approach

- The first precondition was the general program of development of mental health in Kosovo by the MoH and WHO that includes the implementation of this type of structure in each Kosovo region.
- Close Cooperation with local Authorities (Mental Health, Cadastre, Urbanism, Water and Power Dept.
- Construction office with administrative and technical capacity to implement this type of project. SDC has already realized similar projects in Gjilan, Gjakova and renovated the old premises in Peja.

Evaluations

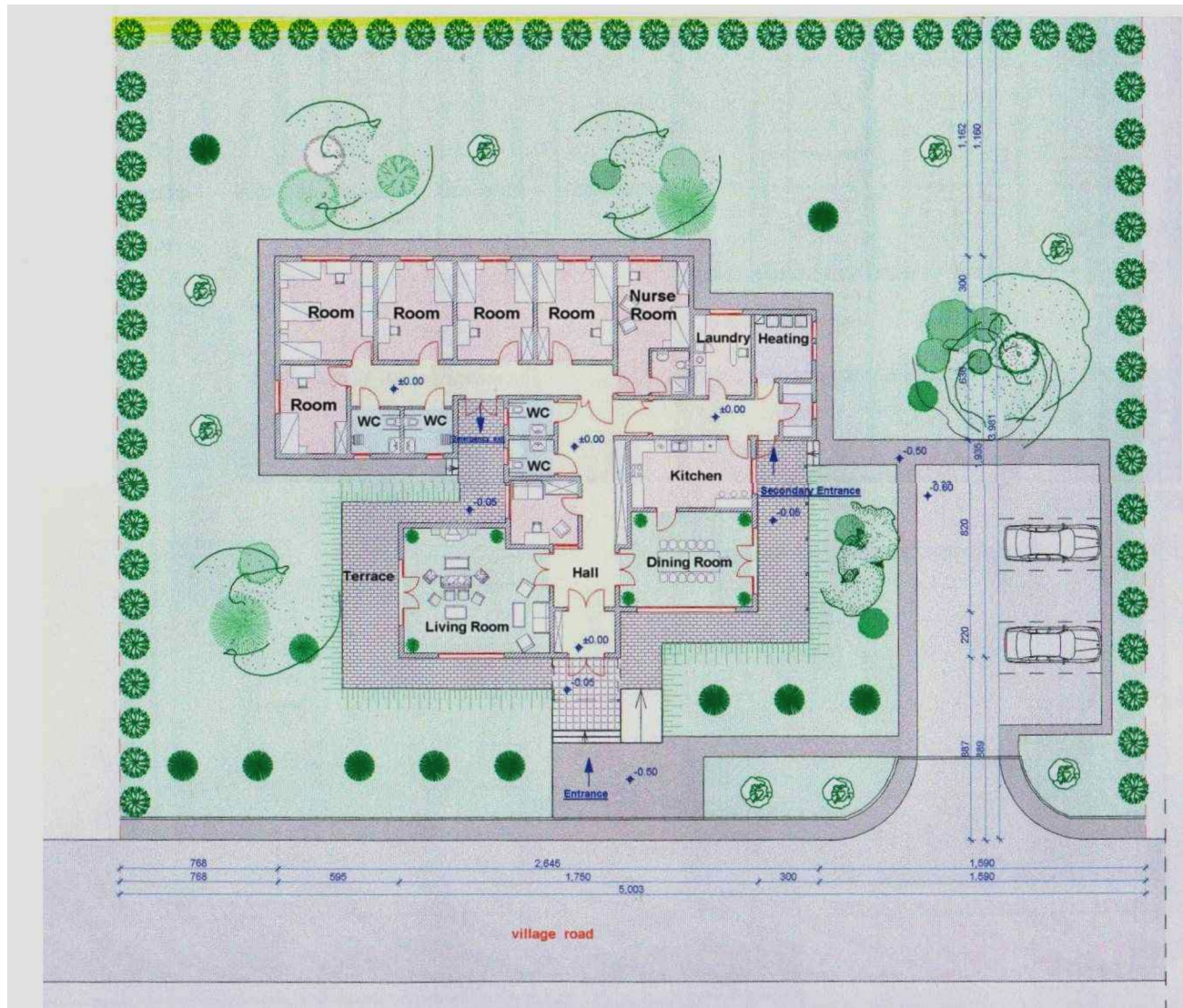
None. The practical evaluation will be obtained from the users and from the project partners like the Birmingham counterpart which is supporting and training the staff.

For further information

Recommended Contacts:	François Poffet, Project leader SDC/HA, CoOf Pristina
Recommended Institutions:	SDC/HA, desk Europe + CIS
Recommended books/reports:	SDC/HA Fact Sheet June 2002 "The Swiss Contribution"
Relevant other projects (links):	similar Project in Gjilan

Annex: (technical drawings, schemata) see page: 3-5

Plan of the project



Perspective of the project



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Procedures Checklist

General Information

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Goals, Beneficiaries

Main goal of this project was to support the Community based Mental Health Centre (CMHC) in providing services for the population in the region of Prizren. The program objective is to establish a community based mental health system supported by family doctors, nursing staff, social workers and volunteers under the guidance of psychiatrists. This team sets up, manages and supervises two "Protected Apartments", each with 10 beds for long-term patients.

The Principality of Liechtenstein was interested to support any assistance in this field.

PROJECT IDENTIFICATION

1. Problem Detecting: SDC Initiative + MoH

- a A working group "Mental Health Task Force" was initiated by WHO and was given the task to develop a draft for setting up a modern and contemporary psychiatric care. What are the consequences or needs?
- b What are the priorities of MoH?
- d How are the specific situations in the targeted Municipalities?

2. Concept: SDC Initiative + MoH + HDAP

- a Analyse the needs of relevant region based on the guidelines and program of WHO
- b Analyse the needs of the relevant HDAP
- c Assess the volume and conditions of support offered by MoH, HDAP and Municipalities
- d Assess the situation about local architects/engineers
- e Create a first draft of a concept and a draft Bill of Quantity
- f Create a draft of the tripartite agreement

PROJECT STRUCTURE

3. Partnership: WHO Initiative + MoH + SDC + HDAP + Principality of Liechtenstein

- a Discuss and agree on priority list made by MoH
- b Discuss and agree on project design (all partners + architect)
- c Discuss and agree on tripartite agreement (SDC + MoH + HDAP)
- d Discuss and agree on construction (all partners + architect + contractor)

4. Responsibility (Agreement): All Partners

- a **SDC:** In charge of technical documentation and implementation
- b **Principality of Liechtenstein:** Financing of the Project
- c **MoH:** Providing the Priority List
- d **HDAP:** Advices for the project from doctors view
- e **WHO:** Providing guidelines and programme
- f **Municipality:** Provides all permits and authorizations

PROJECT IMPLEMENTATION

5. Building works: (all Partners)

- a Find urban planning conditions for the project design
- c Elaborate the concept, final plans and technical documents (architect)
- d Provide technical check-up of all project documents
- e Provide approval from the relevant partners
- f Organise the necessary “Building Permit”(municipality)
- g Organise Tendering (SDC/HDAP)
- h Organise Contracting (SDC/HDAP)
- i Open the construction site (SDC + contractor)
- j Run the project monitoring (SDC + architect)
- k Find and organise the project acceptance (SDC/HDAP/MoH)
- l Organise the final account (SDC)
- m Organise the documents for “Permit for use” and handover (SDC)

Legend

MUN: Municipality

SDC: Swiss Agency for Development and Cooperation

MoH: Ministry of Health

HDAP: Health District Authority of Prizren

WHO: World Health Organisation

For further information

Recommended Contacts:	François Poffet, Project Leader SDC/SHA Constr. Office Pristina
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